## Mid-Year Reflections



Mid-year is a perfect time to slow down and reflect. Take a moment to consider what went well and ways you want to grow before the end of the school year.

Looking Back
What was something that has gone well in your personal life in the last few months?
What is something that has gone well at work in the last few months?
Looking Forward  What is something you want to do in order to take care of yourself in 2024?
What is one way you want to grow or one goal you want to see happen before the end of the school year?
What is one way you could use support from your team?
One highlight or memory from the first half of this school year you hope to always remember: